



# Geriatric Neurology Nutrition Workshop for Dietitians

## 6 - 7 May 2025

### Introduction

Integrating neurology with geriatric nutrition can be challenging given the complexities of its management. This workshop will equip dietitians with current evidence based nutrition practice and essential knowledge that is required for the management of geriatric neurology patients.

### Target Audience

For practicing Dietitians only

### Course Objectives

At the end of the course, dietitians will be able to :

- Understand current nutrition knowledge and skills on Geriatric Neurology
- Apply latest clinical nutrition recommendations, principles and practices on the management of geriatric neurology patients
- Explain challenges in managing complex geriatric neurology cases
- Integrate patient centered care principles into nutrition practices

### Course Outline

- Overview of geriatric neurology nutrition
- Physiological changes of ageing in relation to neurological conditions impacting nutritional status
- Consideration of specific nutrient needs across age categories in geriatric patients
- Understanding key nutritional issues in geriatric neurology patients
- Application of latest evidenced-based nutritional guidelines and medical nutrition therapy in the management of geriatric neurology patients and its complexities
- Nutritional considerations in geriatric neurology patients with multiple comorbidities
- Understanding and application of patient centered care into nutrition care practices
- The dietitian's role as an inter/multidisciplinary approach in acute care setting and transitional care

### Course Details

|                 |   |
|-----------------|---|
| Date            | : 6 - 7 May 2025  |
| Duration        | : 2 half days   |
| Time            | : 2.00 pm – 6.00 pm   |
| Class size      | : 20  |
| Device required | : <b>Laptop/ Desktop</b><br>(with microphone, speaker and webcam)                                       |
| Platform        | : <b>Online</b><br>(Meeting details will be provided at a later date)                                   |
| Fee             | : <b>S\$670 per pax</b> (SingHealth)<br><b>S\$740 per pax</b> (Regular)<br>(the prevailing GST applies) |

### Teaching Faculty

#### Joycelyn Er Pei Ling

Principal Dietitian  
Department of Dietetics  
Singapore General Hospital

### Registration

To register (internet access is required), scan the QR code or click on the web link. Registration closes on **14 April 2025, Monday.**



<https://form.gov.sg/67862c7227706c4a405a0495>

Upon registration, you agree to PGAHI [Terms & Conditions](#).

### Quick Links

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