



Continuing Professional Education Lecture: Navigating the Weighty Maze: A Comprehensive Guide from Medications to Surgery and Beyond in Obesity Management

22 August 2024

Synopsis

The rising prevalence of obesity leads to a corresponding increase in obesity-related complications such as type 2 diabetes and coronary heart disease. Like other chronic diseases such as diabetes and hypertension, effective management of obesity requires a move beyond lifestyle management alone. Pharmacotherapy and bariatric surgery are important adjuncts in the management of obesity. In recent years, newer glucagon-like peptide-1 receptor agonists have been developed with easier administration and greater weight loss. There has also been advances in the understanding and technique of bariatric surgery.

In this lecture, participants will learn to review the utility of pharmacotherapy and bariatric surgery in the management of obesity and discuss the role of the pharmacists in the post-bariatric surgery follow-up at SGH Obesity Centre.

After the lecture, the participants will be able to gain an understanding on:

- Pathophysiology of obesity
- Role of pharmacotherapy in the management of obesity
- Bariatric surgery: who, when and how
- Collaborative prescribing service at SGH Obesity Centre

Registration

To register (*internet access is required*), scan the following QR code or click on the web link. Registration closes on **1 August 2024, Thursday**.



<https://form.gov.sg/664f3ecf9d45a78033db0e4c>

Upon registration, you agree to PGAHI [Terms & Conditions](#).

Zoom Capacity: 500

This lecture will be conducted via Zoom Cloud Meetings app. For ease of accessing the lecture, please download Zoom Cloud Meetings app.

Details of the lecture meeting link will be sent to the successful registrants nearer the lecture date.

Lecture Details

Date	: 22 August 2024, Thursday
Duration	: 1 hour
Time	: 6.30 pm - 7.30 pm
Fee	: Complimentary
Platform	: Zoom Cloud Meetings

Target Audience

Pharmacists

Speaker



Dr Lee Phong Ching

Director, Obesity Centre
Senior Consultant, Endocrinology
Singapore General Hospital

Dr Lee Phong Ching is a Senior Consultant Endocrinologist at the Singapore General Hospital (SGH). In 2016, he spent a year-long clinical fellowship at the Baker IDI Institute in Melbourne with a focus on clinical obesity research and management. His area of clinical interest is in obesity and its clinical, psychological and social impact on health and has published numerous papers in peer-reviewed journals on these areas.

Dr Lee is the Director of the SGH Obesity Centre, and is the largest multidisciplinary obesity service in Singapore providing hospital-wide, comprehensive obesity clinical service. His role includes planning of the clinical services, education and research activities at the centre. Dr Lee has led several clinical initiatives at the centre including the collaborative prescribing service involving senior pharmacists and advanced practice nurses. Under his leadership, the obesity team has expanded to include new services such as the bariatric nurse clinic and coordinator-led obesity education clinic.

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