



Continuing Professional Education Lecture: “When Lesser May Be Better” – De-Prescribing in Palliative Care and End-of-Life 25 March 2020

Synopsis

Patients living with chronic diseases frequently endure the burden of taking multiple medications. The ensuing polypharmacy leads to reduced adherence, increased risk of adverse effects and impairment of quality of life due to pill burden. Yet, as the patient approaches end of life and prognosis becomes limited, some medications may no longer be beneficial and “when lesser may be better”.

A palliative care approach, which seeks to improve the quality of life of patients and their families facing life-threatening illness, can help balance between chronic disease management and optimal quality life by aligning treatment with patient’s prognosis and goals of care. Having an understanding of the principles for de-prescribing in palliative care will help pharmacists enhance care and improve quality of life for patients facing life-limiting illnesses.

This lecture will review the principles and considerations behind de-prescribing in palliative care, and illustrate how pharmacists can work with clinical teams to rationalize chronic disease medications.

Speaker

Dr Lee Guozhang
Consultant
Department of Internal Medicine
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Dr Lee Guozhang is a dually-accredited consultant physician in Singapore General Hospital, practicing both internal medicine and palliative care. He leads the Internal Medicine Supportive and Palliative Care Service (IM-SPCS), which focuses on providing supportive and palliative care for patients with chronic diseases and multi-morbidity.

He also works closely with the Renal Medicine team in providing Renal Supportive Care for chronic kidney disease patients on non-dialytic management.

Lecture Details

Date	: 25 March 2020
Duration	: 1 hour
Time	: 6.30 pm – 7.30 pm
Venue	: Learning Space Room 4/5 Singapore General Hospital Block 6 Level 1, Outram Road Singapore 169608
Fee	: Complimentary

Target Audience

Pharmacists and All Allied Health Professionals

Registration

To register, please submit the following details to Carlyn Wee at carlyn.wee.g.p@sgh.com.sg by 11 March 2020.

- Name
- Organisation
- Department
- Profession
- Contact No.
- Email Address
- SGH Employee No. (if applicable)
- Professional Registration No. (SPC / SNB / SMC)

Upon registration, you agree to the following [Terms & Conditions](#).

Limited to 120 pax, on a first-come-first-served basis. As priority would be given to those who have pre-registered, walk-in registration may not be accepted.

To maximise your learning and also to help each other to focus better at the lecture, please be punctual for the lecture.

Quick Links

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**1 CPE point will be awarded.
Participants who arrive later than 6.45 pm
will not be accrued with CPE point.**