

Precinct	Name of Centre	Address	Operating Hours (updated as of 14Aug24)
Bukit Merah	NTUC Health Active Ageing Centre (AAC) (Bukit Merah)	Blk 117 Jalan Bukit Merah #01-1683 Singapore 160117	Monday & Friday (9am - 4.30pm) Tuesday (2pm - 4.30pm)
	THK Active Ageing Centre (AAC) @ Indus 79	Blk 79 Indus Road #01-451 Singapore 161079	Tuesday (9am - 5pm)
	THK Active Ageing Centre (AAC) @ Beo Crescent	Blk 44 Beo Crescent #01-67 Singapore 160044	Thursday (9am - 4pm) Thursday (9am - 1pm)
	Beo Crescent Residents' Network	Blk 26 Jalan Klinik #01-32 Singapore 160026	Monday (9am - 4.30pm)
	Boon Tiong Residents' Committee	Blk 10A Boon Tiong Road #01-517 Singapore 165004	Tuesday (9am - 4.30pm)
	Anglican Active Ageing Centre (AAC) (Havelock)	Blk 51 Havelock Road #01-25 Singapore 161051	Thursday (2pm - 4pm) Friday (9am - 4pm)
	Membina Court Residents' Committee	Blk 25B Jalan Membina #01-116 Singapore 164025	Tuesday (9am - 4pm)
	Kim Tian East Residents' Committee	Blk 128 Kim Tian Road #01-111 Singapore 160128	Temporarily Closed
	Chong Hua Tong Tou Teck Hwee Temple	Blk 1 Bukit Merah Central Singapore 159834	Tuesday (9am - 12pm)
	Yong-En Active Hub	Blk 3779 Jalan Bukit Merah #01-03 Singapore 159462	Monday & Friday (9am - 4.30pm)
	GoodLife! Studio (Tiong Bahru)	Blk 10B Boon Tiong Road #01-539 Singapore 164010	Thursday (9am - 5pm)
Telok Blangah	Goodlife! @ Bukit Purmei	Blk 108 Bukit Purmei Road #01-105 Singapore 090108	Tuesday (9am - 4pm) Thursday (9am - 4pm) wef 20Aug24
	Thye Hua Kwan Active Ageing Centre (AAC) @ Telok Blangah Crescent	Blk 3 Telok Blangah Crescent #01-504 Singapore 090003	Monday (9am - 4pm)
	Sarah Active Ageing Centre (AAC) by Presbyterian Community Services	Blk 105 Jalan Bukit Merah #02 -1912 Singapore 160105	Friday (9am - 4pm)
	NTUC Health Active Ageing Centre (AAC) (Telok Blangah)	Blk 41 Telok Blangah Rise #01- 373 Singapore 090041	Monday (9.30am - 4pm)
	NTUC Health Active Ageing Centre (AAC) (Mount Faber)	Blk 76 Telok Blangah Drive #01-252 Singapore 100076	Tuesday (9am - 4pm)
	Active Global Active Ageing Centre (AAC) @ Parcview	Blk 92 Telok Blangah Street #01-255 Singapore 100092	Thursday (9am - 4pm)
	Radin Mas Community Centre	Blk 51 Telok Blangah Crescent Learning Hub Level 4 Singapore 098917	Friday (10am - 4pm)
	NTUC Health Active Ageing Centre (AAC) (Silat)	Blk 144 Jalan Bukit Merah #01-1120 Singapore 160144	Tuesday (9am - 4pm) wef 27Aug24
Rochor	Tekka Residents' Committee	Blk 662 Buffalo Road #03-16 Singapore 210662	Monday & Thursday (9am - 4pm)
	Moulmein Tekka Residents' Committee (Klang Lane)	Blk 672A Klang Lane #01-103 Singapore 211672	Monday (9am - 3pm)
Kallang & Kampong Glam	PEACE-Connect Active Ageing Centre (AAC)	Blk 9 North Beach Road #01-4162 Singapore 190009	Friday (9.30am - 4pm)
	Jalan Batu Residents' Network	Blk 12 Kampong Arang Road #01-21 Singapore 431012	Thursday (9.30am - 4pm)
	MWS Wesley Active Ageing Centre (AAC)	Blk 25 Jalan Berseh #01-142 Singapore 200025	Tuesday (9.30am - 4pm)

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Chinatown	Chinatown Active Ageing Centre (AAC) (Banda)	Blk 5 Banda Street #03-68 Singapore 050005	Monday & Tuesday (8am - 4pm)
	Chinatown Active Ageing Centre (AAC) (Jalan Kukoh)	Blk 9 Jalan Kukoh #04-83 Singapore 162009	Monday & Tuesday (8am - 4pm)
	Chinatown Active Ageing Centre (AAC) (Chin Swee)	Blk 51 Chin Swee Road #04-83 Singapore 160051	Thursday & Friday (9am - 4pm)
	Hong Lim Residents' Network	Blk 538 Upper Cross Street Singapore 050538	Thursday (10am - 4pm)
	Tanjong Pagar Plaza Residents' Committee	Blk 4 Tanjong Pagar Plaza #03-14 Singapore 081004	Friday (9am - 4pm)
	Al-Amin Mosque	Blk 50 Telok Blangah Way Singapore 098801	Friday (10am - 3pm) wef 16Aug24
Tiong Bahru	NTUC Health Active Ageing Centre (AAC) (Redhill)	Blk 71 Redhill Road #01-29 Singapore 150071	Wednesday (9am – 11.30am) Friday (9am - 4.30pm)
	NTUC Health Active Ageing Centre (AAC) (Lengkok Bahru)	Blk 57 Lengkok Bahru #01-491 Singapore 151057	Friday (9am - 4.30pm)
	Thong Kheng Active Ageing Centre (AAC) (Queenstown)	Blk 3 Jalan Bukit Merah #01-5070 Singapore 150003	Monday & Tuesday (9am - 4.30pm)
	Moral Active Ageing Centre (AAC) @ Redhill	Blk 89 Redhill Close #01- 448 Singapore 150089	Monday & Tuesday (9am – 5pm)
	NTUC Health Active Ageing Centre (AAC) (Bukit Merah View)	Blk 117 Bukit Merah View #01-205 Singapore 151117	Wednesday (9am - 11.30am) Thursday (9am - 5pm)
	Thong Kheng Seniors Activity Centre (Henderson - Dawson)	Blk 123 Bukit Merah View #01-282 Singapore 151123	Friday (9am - 4pm)
	Sunlove Active Ageing Centre (AAC) @ Depot Heights	Blk 102A Depot Road #01-659 Singapore 101102	Thursday (9am - 4pm)
Katong	Montfort Care GoodLife! Makan	Blk 52 Marine Terrace #01-189 Singapore 440052	Tuesday & Friday (9am - 4pm)
	Marine Crescent Ville Residents' Committee	Blk 34 Marine Crescent #01- 55 Singapore 440034	Thursday (10am - 4pm)
	Marine Drive View Residents' Committee	Blk 75 Marine Drive #01-23 Singapore 440075	Monday (10am - 4pm)

*updated as of 14Aug24